

TO: Early childhood educators and administrators, paraprofessionals, parents, and caretakers:

FROM: Molly Stenberg, RD, and Montana Team Nutrition Program, Montana State University

Please join Montana Team Nutrition for a webinar-- **Pass the Peaches Please – Creating Pleasant and Positive Mealtimes in Early Childhood Education Programs on Wednesday, February 22, 2012 from 2:00 pm - 3:00 pm (MST).**

Mealtimes are wonderful times for young children to relax, socialize and nourish their bodies. When mealtimes are pleasant, children eat better and learn to try a variety of foods in a positive way. They are also less hassle and more fun for adults too! The experiences that young children have now with meals will shape their lifelong relationships with food. Learn easy ways to create positive mealtimes and competent eaters in this free webinar presented by Dayle Hayes, Registered Dietitian, and sponsored by Montana Team Nutrition. Tips and free resources will be shared on creating pleasant mealtime at home or in an early childhood learning center.

This webinar is designed for early childhood educators, child care programs, Head Start programs, paraprofessionals, teachers, and parents.

Pre-registration is not necessary; the webinar will be taped and will be available on the Montana Team Nutrition website in the future.

**To join the meeting:**

<http://connect.opi.mt.gov/passthepeachesplease/>

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**For additional information on this webinar or to request a training packet on this topic,** contact Molly Stenberg at (406) 994-7217 or by e-mail at [stenberg@montana.edu](mailto:stenberg@montana.edu)

Check out our resources on this topic at the following website:

[http://www.opi.mt.gov/Programs/SchoolPrograms/School\\_Nutrition/MTTeam.html#gpm1\\_7](http://www.opi.mt.gov/Programs/SchoolPrograms/School_Nutrition/MTTeam.html#gpm1_7)

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